

Code: Father, SSI 2

Index:

M: Moderator

P: Participant

Interview duration: 01:14:38

Language in which the interview was conducted: Maithili

Location: Participant's house

Date of the interview: 26 February 2021

Interview started:

Talking about playing and learning

M: What happens to the baby gesture after that?

P: There will be a physical movement ... baby will try to shake their hands ... try to move upside-down ... they try to move ...

M: What kind of support those activities add to their body?

P: Support such as ... I think they use all their energy ... to catch things ... she keeps moving in the bed and tries to catch things. Uses energy ... more strength comes in them. Because she keeps moving and uses her strength to catch things.

M: This means support his physical development ...

P: Yes, support her physical development as well ... because she moves her leg and hands...

M: Do you think there will be any kind of mental support to her through playing? As you said there will be a physical development ... how will it support mentally?

P: What can a small child think in his mind (laughs).

M: Will it support in growth and development of the brain?

P: It will support for sure.

M: What support? What kind of support?

P: In brain ... they might feel like ... what to do ... how to catch things ... that might be ...

M: So, any kind of (Interrupted)

P: Yes, she will have some kind of thinking for activities.

- 32 M: For instance, now your child is playing with all these toys, right? How will you play with
 33 your child with the help of these toys? What will you do?
- 34 P: It's like ... I put toys in her hands and then she plays ... she keeps the toys in mouth ...
 35 most of the time.
- 36 M: Once can you play with your child for some time, you don't have to explain me ... it seems
 37 like your child is in the mood to play (laugh) so you can play with her...
- 38 P: Yes, whenever I play with her like this ... she plays with me (playing with child) ... she
 39 does the same ... catches my hand some-time ... keeps toys in her mouth ...
- 40 M: Besides toys what are the other things your child plays with ... as you said you also carry
 41 her in your lap ...
- 42 P: Yes, I carry her in my lap. (showing the way he carries baby ... baby started crying)
 43 {making his baby stop crying}
- 44 M: What word do you use to draw off her attention?
- 45 P: I call her "*Nanu*". I say to her don't cry ...
 46 {*Baby started crying again*}
 47 {*Informal conversation*}
- 48 M: Can I take picture of yours?
- 49 P: Ok.
- 50 M: The way you convince your child ... your activities ...
- 51 P: {playing with child}
- 52 M: Does her grandmother sing her lullaby?
- 53 P: Her grandmother is old now ... it is hard for her even to step out ... still she carries her
 54 some time and move her like this (showing gesture) ... she calls her "*Gudiya*" (doll)...
 55 my mother calls her "*Gudiya*" ... she then looks at her grandmother and laughs.
- 56 M: Sometimes when oil is applied ... babies are
- 57 P: Yes, we do that ... even I while playing with her do that ...
- 58 M: How do you do that?
- 59 P: I will lift her in air ... little bit ... (way of entertaining child)
- 60 M: What will happen by doing that?
- 61 P: That is just a form of entertainment for her ... she enjoys it and laughs... which is a way
 62 to persuade your child ...

63 {Informal conversation}

64 M: As you said it is the mode of entertainment ... for a child when such things are done what
65 will she learn from that?

66 P: What will a baby learn is like ... she might feel those things ... for instance, now she
67 recognizes her mother ... even if I carry her in my lap but if her mother calls her, she will
68 recognize her mother from her voice ... one who plays a lot with child they recognize them
69 ... maybe they have their mind makeup so they recognize the person who plays most with
70 them.

71 M: They recognize a person?

72 P: Yes, even if she sees me, she laughs ... even if she looks at her elder brother, she laughs at
73 him ... when we are together, she plays with all of us laughing ...

74 M: When you do such things what will the child learn?

75 P: I think there will be complete development ... also mental development ... it will help in
76 her complete development.

77 M: How?

78 P: Because whatever we speak, she might sense it ... due to that. I think that helps her.

79 M: As you said earlier there will be mental development ... so what kind of mental
80 development?

81 P: Mental development in a way like ... like we call her "*Nanu*" ... she might have sensed
82 that word ... when I call her "*Nanu*" she looks at me ... I think that word is saved in her
83 mind ... I think she recognizes words as well ...

84 M: What will she learn when you will do that {lift her in the air} ... what will she learn? What
85 kind of development will it help?

86 P: When I shake her like that she finds it entertaining ... she keeps laughing ... she might
87 like that ... that it is.

88 M: One is ... she will like that ... else?

89 P: I don't think there is any kind of development associated with that ... it is just that she
90 laughs when I do that.

91 M: As you said she also shakes her legs; will that help in her development?

92 P: Shaking legs might be yoga for her.

93 M: Yoga??

- 94 P: Yes. That is a kind of practice for them which will also support their joints development
95 ... her joints will move ... which will also help in blood circulation.
- 96 M: Her blood will circulate ...
- 97 P: When she will move her legs, her body will also move and that will circulate the blood ...
98 I have heard these things from old generation people ... even my mother says the same
99 thing ... “the more she will move her body the healthier she will be”
- 100 M: What else does your mother say?
- 101 P: My mother says those things ... she is very old now ... she is nearly 65 years old ... she
102 says the more we will move our body the healthier we will be ... she says that ... she is not
103 educated ...
- 104 M: Why it is important for the child to play these games?
- 105 P: It is very important for the growth and development of the child. As you also said that the
106 role of a guardian is crucial for these things ... and so guardian should play their role
107 effectively for their child ... for the development of their child.
- 108 M: What kind of development will a child have?
- 109 P: Child will have physical development ... and also mental development ...
- 110 M: What will happen in physical development?
- 111 P: Physical development will be the development of body parts ... when she will move her
112 body that is physical development.
- 113 M: How will mental growth happen ... how?
- 114 P: In mental growth, it will be the same as what I have said earlier that as we have named her
115 “Nanu”, so whenever anyone calls her by that name, she starts looking at them. This means
116 that she is starting to recognize that person.
- 117 M: It seems she is quickly recognizing a person.
- 118 P: Yes.
- 119 M: What is the difference between the children who play together with their parents compared
120 to the children who do not play with their parents ... parents who do not give time to their
121 children, to the children who are within 3 years of age ... what are the differences?
- 122 P: Parents who do not play with their children?
- 123 M: Yes, what difference do you see between those children who play with their parents and
124 those children who do not play with their parents?

- 125 P: In my view, parents who do not play with their child, those children will not have a proper
 126 development in my view ...as if like children might not be able to recognize sounds ,
 127 whatever kind of sound it is ... soft sound ... Mother's sound ... for instance in my case if
 128 my mother is called by her mother "Nanu" ... whatever her mother calls her ... so whatever
 129 she understands it will make much difference in her ...
- 130 M: Like ...
- 131 P: I feel those kinds of children are unhealthy ... those children who play with their parents
 132 ... they are healthier ... they will be more active ... active by nature ... the child who plays
 133 with parents ... they are more active and those children who do not play with their
 134 parents... they are not much active ... they don't have any mind makeup (conscious) like
 135 who calls me They will not have that kind of development in them ...
- 136 M: In your view, how important it is?
- 137 P: It is very important for a child ... the way we behave with our child ... our child will follow
 138 that behavior... they will have that kind of development ...
- 139 M: But how important it is to play with a child? With a child under three years of age ...
- 140 P: It is very important.
- 141 M: Why is it important for a child under three years of age?
- 142 P: It is for the betterment of child ... so that it will help their child ... everyone hopes for the
 143 betterment of child in their future ... so it is important to teach a good behaviour, good
 144 quality ... that is why it is important to teach child ... we should teach them how to behave
 145 with others ... so if we will teach them from their childhood then it will be good for them
 146 in future as well ...
- 147 M: What will be good for them?
- 148 P: Good in a way like "In the village, we hear people saying "his children are so disciplined"
 149 ... "So disciplined" ... that is what I think ...
- 150 M: One is in their discipline ... what other differences will you notice?
- 151 P: I think it will make difference in everything...
- 152 M: What are those things?
- 153 P: If parents will give them good education then if anyone will ask them anything then they
 154 will feel like "his son/daughter is very disciplined" ...

155 M: One is in their discipline ... what other differences will you notice ... in a child under three
156 years of age?

157 P: The difference could be they will be so much attached to their parents ... they will be
158 attached to their grandparents and everyone ... that is what I feel ... because those who
159 will play with the child, they will develop a kind of love for them ... that is why they will
160 remain close to their children. After three years there will be more growth and development
161 in them. She will recognize who are the people she has played with ... they will recognize
162 their father, mother ... their grandparents ... my daughter doesn't have a grandfather ...
163 and I have told you about her grandmother... my mother is old so she can't lift her ...

164 M: You really shared good things, now I will ask about playing ... what kind of play-related
165 activities are available in your village ... as you said playing is important ... for the growth
166 and development of a child under three years of age ... what kind of play related activities
167 are available in your village?

168 P: I do not see any such things here ... one I have seen is about "*Bal poshan*" (child nutrition)
169 ... that is here ... and a few years back ... at that time my daughter was not born ... in a
170 child nutrition programme ... there was food distribution for children after six months in
171 the health post ... that is what I have seen. But my daughter hasn't completed her six
172 months so she breastfeeds only ... I don't give her anything besides that ... that is what I
173 have seen here.

174 M: There was a food distribution ...

175 P: Yes.

176 M: Who gave that?

177 P: It might be given by the provincial government ... I heard so ...

178 M: But what kind of programmes are available in your village for mental development of
179 children?

180 P: In the village especially for children ... there is nothing available ... for mental
181 development ... when the child completes 4 years or 5 years then only, she is admitted to
182 school ... so in the villages, children's are not admitted to school in just three years ... in
183 the city, people are busy so they keep them in hostels ... but here parents are close to their
184 children's. When she completes 4 or 5 years then only, she is admitted to the school. So,
185 I don't see many facilities for children. Besides their parents, there are not many facilities.

- 186 M: So, what do the people of this village do for the growth and development of their child?
- 187 P: For what age of the child?
- 188 M: For a child under three years of age ...
- 189 P: For a child under three years of age ... there was one programme called child nutrition
- 190 which I have said earlier ... besides that child play with their parents and grandparents.
- 191 That is what I have seen.
- 192 M: So, what kind of facilities you expect to have in your village? ... what kind of facilities
- 193 would be good for your village?
- 194 P: For a child?
- 195 M: Yes, for a child under three years of age ...
- 196 P: For a child under three years of age ... there should be representation from the village ...
- 197 4-5 people should sit together to decide. If we create that kind of environment then only
- 198 that kind of things could be done.
- 199 M: What kind of environment?
- 200 P: Like you, yourself said, how can the children below 3 years of age be able to play, so for
- 201 this, people will have to make some plans.
- 202 M: What kind of plans?
- 203 P: Such as playing space for children, for children within 3 years of age ... what kind of game
- 204 will they like, what do they want, how will they develop, all those things will have to be
- 205 taken care of.
- 206 M: It means games are important?
- 207 P: Yes
- 208 M: Apart from this, what else are you thinking in your mind like what is necessary and what
- 209 kind of facility is needed, what kind of programmes should be done, what do you think that
- 210 would be good for a child under 3 years old, what is good for them.
- 211 P: In my opinion?
- 212 M: Yes!
- 213 P: What can I say, what is needed for children now, some plan is needed for a child under
- 214 three years of age ...
- 215 M: Like you, yourself said that a game is necessary.
- 216 P: Yes, game is necessary.

- 217 M: And what are other things?
- 218 P: Maybe the other thing could be education. I think how to give education to a child is also
219 important because within 3 years it is necessary for the child to take education as well and
220 how can children be focused towards it is important.
- 221 M: What kind of education should be required for children under 3 years?
- 222 P: Education here doesn't mean their school admission at that time, children's goes to school
223 only after four-five years in the village, the children get admission in the school only at 4-
224 5 years age. For children within two-three years, it's only their parents who give education
225 to them or their grandfather or grandmother
- 226 M: Their parents?
- 227 P: Yes, parents.
- 228 M: So, for this what mother and father should do so that they can give education to children
229 within their 3 years.
- 230 P: The guardian nowadays wants that their children to be very talented from childhood, they
231 want that their children should do this and that from their childhood, so they guide them
232 and start teaching children from a very young age. For example, at the age of 3, they say
233 to children, "Go, bring a pencil and copy to study." They teach them in a playful way.
- 234 M: To be clearer, it is obvious that the parents take care of a child under three years of age ...
235 isn't it?
- 236 P: Yes.
- 237 M: So, what should the parents do ... what should be available so that it would be easy for a
238 child under three years of age so that they can learn things through games ... Can think
239 about it ...
- 240 P: For a child under three years of age ... they develop thinking power in them ... they start
241 saying "I need this ... I need that" ... and whenever a child asks for anything their parents
242 will surely give them that ... for a child under three year (what did you ask)?
- 243 M: As you said guardian is the one who teaches their child ... so what should the guardian do
244 to make their child capable to learn things?
- 245 P: For that parents should guide their children firstly ... they should take care of their child
246 ... it is necessary to watch the children under the supervision, so many children also

- 247 become naughty, that is why children should be taught irrespective of whatever they might
 248 do ... to teach them things.
- 249 M: We were talking about the game, right?
- 250 P: Yes.
- 251 M: As you said children can learn things from games... so what can parents do to make their
 252 children learn things from a game?
- 253 P: Do you mean how will children teach parents?
- 254 M: No, I meant what can be done by parents to teach their children?
- 255 P: For that, they should create enabling environment for their child.
- 256 M: What kind?
- 257 P: To teach children ... It is necessary for children to get things at a time when it is
 258 appropriate. Those kinds of things should be taught to the children's which they could catch
 259 immediately in mind.
- 260 M: That is what you think?
- 261 P: Yes.
- 262 M: Now I am going to ask you about the nutrition programme ... what kind of nutrition
 263 programme are available in your village? How are those programmes available for you all
 264 ... please let me know a brief about that ...?
- 265 P: We have filled one form a few days back ... for child nutrition which is for a child under
 266 five years of age ... government will be giving us allowance 400 per month ... under
 267 child nutrition programme ... this allowance is for a child under five years of age ...this is
 268 from government sector ... and another was from health care center ... in that there were
 269 "*Litto*" ... "soap" ... etc ... due to corona pandemic they also distributed soap and mask
 270 ... and also beans ("*Geda-Gudi*") and "*Litto*" for a child under child nutrition.
- 271 M: Were they for a child under three years?
- 272 P: Yes.
- 273 M: Who distributed that?
- 274 P: It was from a health post.
- 275 M: Besides them what are other programmes in your village?
- 276 P: I don't find any such programmes especially for a child.
- 277 M: Any programme related to child nutrition or food?

- 278 P: As you are asking about a child under three years ... so for a child under three years ... it's
279 like they start feeding other foods only after 6 months ... that is why their parents should
280 think about that ... they should know what kind of food should their baby feed upon ...
281 what should they do ... for that parents are responsible for feeding the children ... and to
282 talk about nutrition programme then I can see just two programmes related to that ...
- 283 M: Is that nutrition programme available now as well ... is it given by health post?
- 284 P: They called us ... they phoned us ... but I don't think they gave ... they have already given
285 it once ...
- 286 M: Oh, it has already been given once.
- 287 P: Yes, but my child was not born at that time.
- 288 M: What are other different programmes related to nutrition ... as you said one is related to
289 nutrition ... "*Litto*"?
- 290 P: Yes...
- 291 M: What about others?
- 292 P: Others include Things important for child ... like immunisation ... that is given to a
293 child in the very beginning ... immunisation programme is available in the health post ...
294 those facilities are available ...
- 295 M: What are other facilities?
- 296 P: One is immunisation facilities ... the vaccine ... I have been called again after 9 months
297 when my child complete nine-month she will again receive another vaccination ... so one
298 is related to immunisation and another is the nutrition programme I discussed earlier.
- 299 M: To get to that facility's where do you have to go ... with whom do you have to consult?
- 300 P: We have to consult health care providers who are in our village ...
- 301 M: Who are they?
- 302 P: She is one of my aunts ... so she is informed by the health care center about the child who
303 needs immunisation and after that, she does door to door visit and informs everyone about
304 the immunisation service ... everyone is informed ... and the time is set for 11 am ... and
305 so we have to be available at that time and then our names are called ... so we have to go
306 inside to get our child immunized ... they also give us the card after the immunisation ...
307 Our child is immunized.
- 308 M: How easy it is for you to get that immunisation?

- 309 P: If to talk about easiness then the place is overcrowded ... that is what happens in the
 310 village ... and so it is time taking we have to wait for a while to receive an immunisation
 311 (Tika) according to our time ... our babies are immunized when it is their turn.
- 312 M: As you said that one has to wait for their turn to get their child immunized and that is also
 313 a kind of an easiness... so what are the challenges that you have faced to receive
 314 immunisation services? Have you experienced any challenges while receiving
 315 immunisation services for your child? What about that?
- 316 P: There are no such challenges, I think.
- 317 M: Why do you think there are no challenges? What are the reasons for that?
- 318 P: Challenges could be ... waiting in queue ... sometimes people shout like “Why didn’t my
 319 child receive vaccination as I came here first” ... that creates fuss sometimes ...
- 320 M: Oh, people start shouting?
- 321 P: Yes.
- 322 M: What about the programme which measures the height and weight of the child? Is there
 323 that kind of programme for a child?
- 324 P: The child's height and weight are measured when we go to immunize our child ... it is
 325 measured at that time only ... we don’t have a weighing machine at our home ... so when
 326 we go to health center ... our babies’ weight is measured there.
- 327 M: What kind of “tika” I didn’t get that ... please tell me about that ...
- 328 P: “Tika” (vaccination) means like BCG ...
- 329 M: Oh, that kind of “tika” ...
- 330 P: Yes immunisation ...
- 331 M: So, the weight of the child is measured at that time (during immunisation) ...
- 332 P: Yes, one who wants to measure the weight of their child they measure there ... people do
 333 not have weighing machine ... when there is time for immunisation of their child then they
 334 do so.
- 335 M: During immunisation ... do they immunize only or also advise about the feeding habits of
 336 a child?
- 337 P: No, they just immunize the child. That’s it. Nothing about feeding habits ... for food ...
 338 during the lockdown, the provincial government distributed some kind of foods ... for child
 339 ... for old age group ...

- 340 M: Was the nutrition programme available only during the lockdown or it was available before
341 the lockdown as well ... is it available now?
- 342 P: I do not know if the programme was available before the lock down so far, I have seen ...
343 now it's been three years since I have left Kathmandu ... I saw it being distributed among
344 child as well as woman ... mask was distributed as well.
- 345 M: Besides health care centers, are there any other organizations that have run such kind of
346 nutrition-related programme? What about that?
- 347 P: I do not know about any other programmes ... when the programme comes it goes directly
348 to the ward office and from there the information is passed through the peon of that office
349 ... he then makes a list of children who needs the service and then the child is called in a
350 particular date and the things are distributed accordingly ... if to talk about another
351 organization I have heard about provincial government only.
- 352 M: Do you think there should be a programme related to nutrition for the child?
- 353 P: According to me ... yes, there should be a programme related to the child.
- 354 M: What kind of programme do you expect?
- 355 P: A good programme ... one programme which might be related to nutrition and another
356 programme which would teach how to develop a child ... if this kind of programme would
357 be available then it would be good for us ...
- 358 M: If it would happen, it would be good?
- 359 P: Yes, that is my point of view.
- 360 M: What should nutrition programme include ... what should be included in that nutrition
361 programme?
- 362 P: One can teach about the body of a child ... for the child who is more than 6 months and
363 less than 3 years of age ... so for those children what kind of food should be needed, what
364 kind of food should they feed upon that kind of things should be considered and the
365 programme should be made accordingly ... and the only things should be distributed
366 according to me.
- 367 M: Do you want a programme that would distribute things or a programme that would teach
368 people?
- 369 P: About teaching they can go to visit child-parent and teach to them so that they could
370 do those things with their child ... might be through an organization or any other thing ...

371 or through provincial government or health centers ... whoever gives the programme they
 372 distribute certain things as well ... but if the distribution is not possible then they can teach
 373 the parents ... but it is hard to teach parents because in village areas people do not
 374 understand things easily they aren't aware of such things ... so in my opinion if they could
 375 teach parents properly ... about the child ... like how can a child be taken care of according
 376 to their age ... what could be done and in what way ...

377 M: For that, they should be taught?

378 P: Yes.

379 M: Who should get taught?

380 P: The people of the community ... even we are also youth and can do that We can form
 381 a group and conduct that for the improvement of our community ... we can also do that or
 382 else a committee could be formed with representatives and they can also conduct such
 383 programmes by creating a meeting...

384 M: Through meeting?

385 P: Yes.

386 M: What kind of meeting?

387 P: For instance, friends and parents could sit together to decide what could be done for
 388 children's ... what kind of development could be done ... what kind of environment for a
 389 child is important ...

390 M: Now I want to talk about another thing As you said the nutrition programme is already
 391 available in your village these days, right?

392 P: Yes.

393 M: During the lockdown ... because of COVID ... because of the corona ... there was
 394 discontinuity ... as you said ... you also said that height and weight of the child are
 395 measured accordingly, right?

396 P: Yes.

397 M: WHO says "the health of every human being should be good and especially the health of a
 398 child under three years of age ... the child who is within three years" ... they want their
 399 health to be good ... but they say "Just giving the nutrition programme is not enough for a
 400 child but instead in that combining playing and learning activities ..." as you also said how
 401 important game is for child ... as you said ...

- 402 P: Yes, the game is very important for a child.
- 403 M: So, for the game (Interrupted)
- 404 P: Children's shouldn't be pressured ... children who are under five years ... even I have
405 heard this from elder people that child who are less than five years of age shouldn't be
406 pressurized for anything ... they should be allowed to do whatever they feel like doing ...
407 however they want ... game is very important for a child ...
- 408 M: WHO recommends that if playing and learning programme could run combined with
409 nutrition programme then it would be very fruitful ... they suggest so ... they say if we
410 will run both the programmes then it will be good ... WHO recommendation is that if we
411 will run the programme in that way, it will be more effective ... but we do not know how
412 to implement that programme ... we are unaware ... so we will talk about that now, is it
413 ok?
- 414 P: Yes, ok.
- 415 M: What do you think will happen if both of these programmes will run combined together?
416 What do you think about this ...?
- 417 P: In my opinion, it will be very effective.
- 418 M: Why?
- 419 P: Children will gain knowledge. As you said that games are ... I mean as WHO said that
420 playing and learning will help in growth and development of children ... I think it will
421 support a lot ... there will be the growth of everything ... they will come to know about a
422 different type of games and different other things ... they will gain knowledge.
- 423 M: Have you ever found this kind of thing ... like at any place where children are provided
424 both nutrition and play activities... and due to which there were growth and development
425 in children... have you ever seen anything like that in your village?
- 426 P: I ... personally?
- 427 M: Yes...
- 428 P: No, I haven't seen that ... how will I know about that ...
- 429 M: Have you ever seen anyone teaching their child through play?
- 430 P: This is what happens in our village ... some people are interested in playing ... but they
431 are limited to their village only ... what happens in our village is ... guardian doesn't help
432 children {means to say if the child wants to make sports their future career like football,

433 cricket} for instance, I was playing football in past ... I was involved in that sport ... but
 434 due to financial crisis of my family, I was not able to go forward Which is one of the
 435 drawbacks of our village. In the beginning, the people of the villages were not so capable
 436 ... so sports were limited to the village only ... it didn't progress.

437 M: As you said you play with your child day by day ... in that playing, if a nutrition
 438 programme is added ... so in that way, if both the programme will run together then how
 439 will it benefit the child?

440 P: It will be good for the child.

441 M: What good?

442 P: Their health status will be good. There will be growth and development of their body and
 443 mind as well ...

444 M: What else? One is physical development ... more?

445 P: Mental development ... this is what will happen You have asked about the nutrition
 446 and playing and learning programme, right?

447 P: Yes.

448 M: There will be physical development ... mental development ... they will be excited ...
 449 these things might happen ...

450 M: What kind of excitement? The excitement in what?

451 P: For instance, ... game ... so what kind game will it be ... children might be passionate
 452 towards that game ... they might start loving the game ... which will develop excitement
 453 in them ... and they will feel like what to do best in games.

454 M: You also said games will develop their physical and mental health ... will you explain to
 455 me about that as well?

456 P: Growth and development like ... if they will play the game, they will develop knowledge
 457 towards game ... whatever game it will be for children ... when they will play games, they
 458 will have experience in that ... and they will try to learn how to play the game as well ...
 459 these are the things. There will be growth and development related to games.

460 M: How will playing help children learn things?

461 P: For children?

- 462 M: As you said that guardians should give time to their children and should play with them ...
 463 how will that type of involvement with the child make a difference in the growth and
 464 development of the child later?
- 465 P: Later they will (Interrupted)
- 466 M: One as you said physical change ... more?
- 467 P: Physical ... physical ... I think there will be physical development ... children will also
 468 feel love towards their parents ... that will happen ... that is what I can see ... physical
 469 development ... love and affection towards family ...
- 470 M: As you said children will learn a lot of things through games... so if the nutrition
 471 programme will run combined with the game then how will it benefit the child?
- 472 P: If nutrition programme is combined than ... this is what is common in that ... If nutrition
 473 programme will be added with games than it will help in child development ... the type of
 474 nutrition child will feed upon ... there will be that kind of development in them ... the body
 475 structure of child will develop ... this is how it will add if nutrition programme is added.
- 476 M: By game ... I mean to ask about children's games ... and not about the games and sports
 477 played by the player ...
- 478 P: Ok.
- 479 M: If both the programmes will run conjointly, how will it affect in growth and development
 480 of a child? What difference will be seen?
- 481 P: I think it will be good ...
- 482 M: Why do you feel that?
- 483 P: It will be good.
- 484 M: What will it add for a child?
- 485 P: It will be good for the child ... good in a way ... that it will be good ...
- 486 M: If programmes on how to play with the child and another programme on what to feed the
 487 child if of these programmes will run conjointly, then what will community people think
 488 about this programme?
- 489 P: The community people ... Please tell me the question once again.
- 490 M: Game ... the programme which will be run by teaching playing activities... WHO is
 491 suggesting to combine that programme with nutrition programme to improve child

492 development... if this programme will come according to the suggestion of WHO, then
 493 what will happen for children of this village? What will happen to them?

494 P: For community children ... it will be good ...

495 M: What good?

496 P: It's the same thing everywhere (Laughs) ... it will be good for all the children of the village
 497 ... right?

498 M: For a child under three years of age?
 499 (Informal conversation)

500 M: What will community people think about this programme?

501 P: They will have positive thinking ...

502 M: Why?

503 P: Positive because ... they will think that child is on the right path ... and if children will
 504 gain knowledge from that ... from addition of the play activities with nutrition ... then the
 505 family will have positive thinking towards that ... they will feel like their child will gain
 506 knowledge and will progress forward ... that is what the villagers will think.

507 M: They will be positive?

508 P: Yes.

509 M: What else will happen ... what kind of development will happen for a child ...

510 P: It will be good for children... they will get nutrition in addition to games... for a child, it
 511 is effective in both ways ... they will learn the games ... they will play games ... who will
 512 be the teacher? Their parents or someone else?

513 M: I do not know ... you will have to suggest something to me about that ...

514 P: A teacher is needed ... one who will teach how to play ... for that teacher or tutor is needed.
 515 Parents will have positive thinking towards it ... in my opinion ...

516 M: Why will they have positive thinking towards this programme ... the programme which
 517 will be delivered in a combined manner ... Why will they be positive towards it?

518 P: Positive because Parents might think this will help their children to have a better future
 519 later.

520 M: As you just said to me this programme will be good ... so in which way should this
 521 programme be operated so that it will be good for the children and community people of
 522 your village?

- 523 P: You mean ... playing activities?
- 524 M: Yes. Both playing activities and nutrition programme ...
- 525 P: For playing, there should be an appropriate place ... appropriate place should be chosen ...
- 526 because one cannot teach the playing activities in anyone's personal space ... so for that
- 527 appropriate place is needed ... and to teach playing activities teacher is also needed ...
- 528 M: Teacher is needed?
- 529 P: Yes.
- 530 M: What kind of teacher?
- 531 P: Teacher related to playing activities ... the playing activities that will be taught ... teacher
- 532 should be that related ...
- 533 M: What will the teacher do?
- 534 P: Teacher will ... the place will be chosen for playing ... in my opinion ... if both of them
- 535 will be operated together ... as I said the place should be chosen for playing ... and the
- 536 tutor is also needed ...
- 537 M: Who could be the tutor?
- 538 P: Tutors could be people like me and you ... who know about these things ...
- 539 M: As you said, the place should be chosen for playing... so who should participate there? In
- 540 which way should it be taught?
- 541 P: Children should participate there ... as the programme is for children ... as I said earlier it
- 542 is not possible to teach children through door-to-door visits.... So, if there will be a
- 543 specified place ... like the time is specified for school ... so in the extra time when the
- 544 children are free ... by making a time table ...
- 545 M: So, time should be specified ... place should be specified ... but the child under three years
- 546 of age doesn't go to school, right?
- 547 P: Yes.
- 548 M: So, what can be done for them? How should the programme ... which includes playing and
- 549 nutrition ... how should this programme run so that the children could learn things?
- 550 P: For a child under three years of age?
- 551 M: Yes ...
- 552 P: For them ... I think it is not possible to teach by visiting each and every house ... I don't
- 553 think it is possible ... for a child under three years of age ... it is also hard to choose so

554 many tutors for them ... so in my opinion, there should be an appropriate place in the
 555 village ... the guardian can take their child to that place ... they can take them there to learn
 556 playing activities ...

557 M: Who should be a tutor at that place then?

558 P: A tutor could be a selective person ... one who could guide children ... they can teach
 559 them. As you said playing activities ... so one who knows about playing activities s/he
 560 should be the tutor.

561 M: Who could be a good teacher?

562 P: Teacher could be ... there will be a different kind of child ... there will not be my child
 563 only ... but I don't think it is possible for every parent to participate there ... because rather
 564 than going to that place for parents it is better if they teach their child at their homes ... so
 565 I do not think it is possible ... so, in my opinion, there should be one teacher ("*Guru*")....

566 M: Teacher?

567 P: Yes ... one who can teach ...

568 M: Separate teacher to teach, right?

569 P: Yes.

570 M: Who could be that teacher?

571 P: One who will be chosen by us.

572 M: Who could be that person ... so that they can support this programme ...

573 P: I do not know what to say ...

574 M: No worries ...

575 P: In my opinion ... s/he should be a chosen person ... I could also be the teacher ... but
 576 every parent does not have such knowledge and cannot reach there... all parents might not
 577 know about all playing activities... like what type of game it is ... this ... that ...

578 M: This means parents, cannot be a teacher?

579 P: Yes.

580 M: So, a proper teacher is needed ... so for children under three years of age ... how should
 581 this programme be operated so that all the children of this village will learn things in an
 582 effective way ...

583 P: For that ... ward ... ward ... for instance the whole village couldn't be covered at one place
 584 ... than for that place should be distributed according to ward ... that could also be done

585 according to me ... if the games could be taught by making a small package ... then
586 children can learn easily ...

587 M: By making a small package?

588 P: Yes ...

589 M: Who could be the appropriate person to teach that?

590 P: Appropriate person could be ... the person chosen by us ...

591 M: Whom should we choose ... so that it would be effective for children ... about food and
592 diet ... about playing ...

593 P: People who will understand these things ...

594 M: Who could be that person?

595 P: Even I can be that person.

596 M: You?

597 P: Yes.

598 M: Why do you think you could be that person?

599 P: Because I can also teach them, so.

600 M: So, it should be taught in small packages at different places, right?

601 P: Yes.

602 M: Who should participate there? Whose participation can make that programme more
603 effective and better? Whose participation is important?

604 P: Firstly, the child should go ... and the teacher to teach them ...

605 M: Who could be that teacher?

606 P: As I said earlier ... a person chosen by us.

607 M: Chosen?

608 P: Yes, who can teach about nutrition and playing activities as well ... the person who has
609 knowledge related to games and nutrition ...

610 M: Should the child be sent alone?

611 P: Child ... child should be carried to that place ... it would be good ... and after the
612 programme, they should be carried back to home.

613 M: What could be other ways to make this programme more effective? What are other ways
614 to make this programme more effective apart from small packages as u said earlier?

- 615 P: It is impossible to visit door to door ... that is impossible ... if that type of environment
 616 could be created in the house itself then also it might work ...
- 617 M: In the house?
- 618 P: Yes.
- 619 M: What kind of environment?
- 620 P: As you said about the playing activities And for nutrition that could be made available
 621 to them ... parents should be assigned for that work ... they can do then ... and for play, if
 622 there is any kind of notice or any kind of rule ... tools related to that game provided to the
 623 parents in home than ...and if parents would be trained in that way for playing games than
 624 it can be done in the home as well ...
- 625 M: Parents should be taught?
- 626 P: Yes.
- 627 M: In which way should parents be taught so that they could learn things? Which way should
 628 be followed?
- 629 P: Silent ...
- 630 M: So that parents can learn ...
- 631 P: Silent ...
- 632 M: You forget about yourself and recall about other parents of your village ...
- 633 P: Ok ...
- 634 M: In what ways parents would feel easy to learn things ...
- 635 P: The person who knows about things ... if they would go to parents and teach them ... about
 636 nutrition or about games ... the person who knows such things ... for instance let's say
 637 "guru"(a teacher) ... if they would teach things to parents ... won't it work?
- 638 M: Yes. "guru" (a teacher)?
- 639 P: Yes.
- 640 M: Who could be the teacher related to that ... related to nutrition and also related to playing
 641 activities ... who could be that person?
- 642 P: As I said who will have knowledge related to playing activities and also nutrition ... one
 643 who can teach both playing activities and nutrition ... that person ...
- 644 M: Parents need a teacher?
- 645 P: Yes.

- 646 M: So, what ways should be followed to teach parents in small packages as you said earlier?
- 647 P: As I said one person should be chosen ... time table should be prepared ... time should be
 648 specified for each ward ... like a class of one hour ... or half an hour ... and contents could
 649 be delivered at that time ... and in another time table same contents could be taught to
 650 another ward ... by distributing time ...
- 651 M: Parents could be taught by distributing time, right?
- 652 P: Yes.
- 653 M: What place could be chosen to conduct such programmes?
- 654 P: In my opinion an open space ... space covered with walls ... safe place ... that could be
 655 appropriate. Place where there would be playing materials for child ... like swing, slider
 656 ... this ... that ... if those kinds of things are available it would be very appropriate.
- 657 M: Oh, there should be a playful environment, right?
- 658 P: Yes.
- 659 M: For a child under three years of age ... there are swings, sliders... I have seen those things
 660 in boarding school ... if that kind of place would be discovered and then in my opinion it
 661 would be the perfect place to teach children.
- 662 M: Why do you think that kind of place would be perfect?
- 663 P: Perfect in a sense that ... for instance, if there will be a huge group of children ... like a
 664 group of ten kids ... if kids will play together, they will develop a kind of feeling in them,
 665 when they will see equipment related to games ... that will encourage them to play ... that
 666 will make their mind fresh ...
- 667 M: As you said earlier that parents should also be taught ... they should be called in a group
 668 to teach them ... so which would be the best method?
- 669 P: Best would be ... best would be ... parents are busy so far ... so if time would be scheduled
 670 for child and if children are called in that time to teach them playing activities in that period
 671 of time ... might be one hour ... half an hour ... than that would be good in my point of
 672 view ...
- 673 M: To teach children So, who should participate in that? As you said children should be
 674 carried there ... so who should go along with them?
- 675 P: If children will go ... I mean there will not be just a single child from my house only ...
 676 for instance if we will choose children from ten houses then there will be a group formation

677 of ten kids ... so children can play with each other just by looking at each other ... the
678 capacity of playing games in a group increases when kids meet each other ... and talking
679 about who will carry kids to that place than it is the parents who will take them.

680 M: Parents should go?

681 P: Yes.

682 M: How important is it for parents to learn things?

683 P: It is very important for them ... if they will learn it would be the best thing.

684 M: Why?

685 P: Because if parents will learn they will teach their kids in their own home as well ... that is
686 why I said.

687 M: As you said children should be carried to participate in groups (to learn games) ... so in
688 those groups should only children participate or also the parents?

689 P: If guardians have time then it would be good if they would stay there with their kids. Just
690 if they have time ... if they don't have time then... they won't... but if they have the time
691 it would be good if they would stay with their kids ...

692 M: Which time would be good for kids to participate?

693 P: Time ... evening time would work ...

694 M: Why?

695 P: Because in the evening time kids are free mostly ... so

696 M: We are talking about the kids under three years of age ... you recall about the kids under
697 three years of age ... so for a child under three years of age ... how easy will it be to teach
698 such kids those skills there?

699 P: It is impossible to teach to this age group of children ... under three years ... six months
700 ... there is a child who is just one year here ... so the child who can at least walk and move
701 here there ... those kids can only be carried to that place ... The kids who are still in lap
702 (infants who have not began walking), it is not worth to carry them to that place ...

703 M: So, kids above one year of age ... can be taken ...

704 P: I think kids who will understand things ... those kids should be taken ... so that they won't
705 cry to go to that place ... when kids reach 4 years, they are also admitted to school ... so
706 there will be no enough time for school kids... they will remain in school from 10 to 4 o
707 clock ... that is what happens ...

- 708 M: Please clarify one thing ... as you said kids can go to the group (programme) when they
709 are above one year of age but what can be done for kids who are under one year of age?
- 710 P: The kids who cannot go out for them if there would be facilities for them to learn inside
711 their house then it would be best.
- 712 M: In the house?
- 713 P: Yes.
- 714 M: What should be done inside the house?
- 715 P: Parents should be taught.
- 716 M: Who will teach parents?
- 717 P: Person who will be chosen by us.
- 718 M: So, firstly parents should be taught at home and then only kids should be sent later there,
719 right?
- 720 P: Yes.
- 721 M: Which way would be best to teach such kind of programme? So that people could
722 understand things immediately ...
- 723 P: Kids or parents?
- 724 M: Related to playing activities ... and related to nutrition programme ... in the groups ... we
725 need to teach a group of people ... so in what way should that tutor teach things so that
726 both parents and children can learn things ... a method?
- 727 P: Method to teach both child and parents?
- 728 M: Yes.
- 729 P: For a child under one year of age?
- 730 M: For a child under three years of age ...
- 731 P: One who is understanding an individual ... they will go there and learn things ...
- 732 M: How should knowledge be given? Orally?
- 733 P: Kids should be taught with love and affection ...
- 734 M: What about through photos and videos?
- 735 P: If it about a game then... kid can be taught through visual medium as well ...
- 736 M: Visual?

737 P: Yes. You might also have seen kids are attracted towards visual ... videos ... as you said
738 through photo ... you can also teach them through visual medium that's through videos
739 Cartoons ...

740 M: Cartoons?

741 P: Yes.

742 M: Children should be taught through cartoons?

743 P: Yes.

744 M: How possible it seems to teach kids through cartoons?

745 P: If you talk about possibility then in this generation it is possible to do that ... now a days
746 there are so many visual classes taken and given ... visual classes have started in different
747 boarding school so yes, visual classes are possible if we will also follow visual class
748 then I think children will develop more concepts.

749 M: What kind of concept?

750 P: For instance, you said game ... and if you will make them watch cartoons and videos then
751 in their brain, they will develop thinking that they should also play that kind of game so in
752 this way, their capacity of thinking will increase that is what I think ... especially through
753 visual ...

754 M: Why did you choose visual?

755 P: Because I think that is the appropriate method to teach children.

756 M: And what for parents?

757 P: If parents are understanding then they can be taught both orally and in a written way... if
758 the teacher is able to make them understand then certainly, they will understand things.

759 M: So, what method should the teacher follow to teach them immediately so that they will
760 understand things immediately?

761 P: For parents, we can teach them by showing contents ... parents who aren't educated they
762 can be taught orally as well ... for parents we can teach them by showing contents ...
763 parents which could not understand the content they can be taught through photos as well.

764 M: So, in this programme ... as you said the appropriate time could be the evening time,
765 right??

766 P: Yes.

767 M: Why did you choose evening time for this kind of programme?

- 768 P: Because I think during the evening people are mostly free ... that is why I chose evening
769 time for that.
- 770 M: Who is free during that time?
- 771 P: The parents and also the children's and if you see the situation of the village ... then mostly
772 in the village the children under three years of age do not go to school ... so they are free
773 but I think everyone is nearly free during the evening time ... even morning time would be
774 appropriate but during the winter season it is bit difficult ... but again in the summer season,
775 it might work.
- 776 M: So, what would you recommend whether it is morning or evening?
- 777 P: In the morning most of the child feels sleepy that's why the evening time would be more
778 appropriate.
- 779 M: So, what could be done to bring this programme in an easy way? What should be done for
780 that ... from whom should we seek help and from whom should we seek support ... seek
781 support.
- 782 P: I want to ask who will bring this programme?
- 783 M: That is what I am asking you ...
- 784 P: laughing...
- 785 M: From whom should we seek support ... as you said the programme should be modified in
786 this way and that way ... so from whom will you seek help to bring this programme?
- 787 P: In the beginning ... as I am living in a village ... we have a community here ... I will seek
788 help from them first ...
- 789 M: Who are the community people?
- 790 P: They could be our neighbors ... our friends ... if this kind of programme would come
791 everyone will have information about this programme ... so we have to sit together and
792 discuss in my opinion ... and we should seek help from the friends and neighbors of our
793 community ... we should also seek help from the ward representative of our community
794 that is what we should do in my opinion ...
- 795 M: From the representative of the ward?
- 796 P: Yes.
- 797 M: Else from whom would you seek help to make this programme come? Whose help is most
798 necessary to make this programme a successful one ...

- 799 P: To make it successful I think we should also seek support from guardians... from our friend
800 circle and from representatives of wards it will be good then ...
- 801 M: Why do you think we should seek support from a ward representative ... how will he help
802 in this programme?
- 803 P: Because they are responsible for all kinds of programmes... whenever any programme
804 comes it goes first to the ward office and from there only we also come to know about
805 any programme about any programme, we come to know about that from there only ...
806 from ward office and then only that programme comes to the community level ...
- 807 M: Whose else support is required?
- 808 P: As you said one is the participant itself ... From participants and also from friends ...
- 809 M: Why do you want to seek help from friends?
- 810 P: Because friends are the one who helps us in any work we do ...
- 811 M: Which kind of help will you expect from them? how will your friends help you ... like how
812 will you make this programme move forward?
- 813 P: They will help us with little things ... like how to do work ... how to do work in a more
814 convenient way ...
- 815 M: For that who could be such friends?
- 816 P: Such friends could be those who are near and dear to us ... who are close to us ...
- 817 M: Who should be in the group else who could make this programme come?
- 818 P: The people who understand the standard of this programme if you talk about village
819 then people who have gained knowledge, who are understanding ... who are understanding
820 related to their child they can be in the group.
- 821 M: Related to the child?
- 822 P: Yes, those who will think about the child that how can they help in the progression of their
823 child ... that kind of people ... what kind of perception people have towards child ... that
824 kind of thing ...
- 825 M: Whose else support is required to bring this type of programme ... as you said support from
826 the ward office ... else friends ...
- 827 P: Parents ...
- 828 M: And also, parents ... why is parents important in that?
- 829 P: Because parents are the one who will do good for their children ... in my opinion ...

- 830 M: What good?
- 831 P: Good like ... what will be good for child ... how will the child be a good human being ...
832 for growth and development of the child.
- 833 M: Whose else support is required?
- 834 P: Who could be others ...
- 835 M: For the nutrition programme ... in which playing activities could be added ... whose else
836 support is required to make this programme a successful one?
- 837 P: Who could be others ... as I said friends and neighbors ... and also children's ... what I
838 see is friends and neighbors ... the whole community ...
- 839 M: As you said tutor should be called?
- 840 P: Yes.
- 841 M: So, who will pay him money? Will that tutor be a volunteer ...? I wanted to ask about that
842 ...
- 843 P: Tutor will be paid from the organization that will bring such programme ...
- 844 M: Which is that organization? Who is going to bring such programmes?
- 845 P: Organization could be like projects are brought ... so they chose the volunteer or the tutor
846 as well ... so far, I think the organization that will bring such programmes they will pay
847 the tutor. As you said the WHO ... won't they be able to bring the programme ...
- 848 M: WHO just gave us a recommendation
- 849 P: Then whoever will run the organization ...
- 850 M: From whom else should we seek support ... for this kind of programme?
- 851 P: Support could be from ... as I said any of the work first goes to the ward office ... and the
852 information is flowed from there ... and the ward also selects the person who can work
853 nicely ... they distinct people as a volunteer And they inform community people like
854 how to work ... and the work is done according to the information ... now as you have
855 asked me "who will choose the volunteer?" so the volunteer will be chosen by the
856 organization that will bring that programme ...
- 857 M: Who do you think can operate such kinds of programmes? Who can run this kind of
858 programme so far?
- 859 P: I do not know what to say ...
- 860 M: No, worries ...

- 861 M: How important is the health sector for this kind of programme?
- 862 P: That is very important.
- 863 M: Why?
- 864 P: It is said "*Health is wealth*" ... if one will not have good health, he cannot do anything ...
- 865 but healthy people can do something in their life ... but if one doesn't have good health ...
- 866 what can they do ...
- 867 M: How important is it to seek help from health posts in this kind of programme?
- 868 P: Help is important ...
- 869 M: Why?
- 870 P: Because this programme is related to health ... that is why it is important ... for child
- 871 nutrition and child games ... I think help from health posts is important ...
- 872 M: What kind of support will they give for this kind of programme?
- 873 P: Support could be given by health staff... the doctors ... who want to help they can
- 874 announce a notice saying what kind of programme it is ... this ... that ... how this
- 875 programme should be run ... what could be the best way ... related to that
- 876 M: So, healthcare providers can also help, right?
- 877 P: Yes.
- 878 M: What other kind of help can they give? Health care provider ...
- 879 P: What kind of help ...
- 880 M: How can they help in this programme?
- 881 P: Silent ...
- 882 M: What things should be in that programme that will motivate the guardian and children to
- 883 participate in such programmes ... how will people find it easy to participate in such
- 884 programmes? What will make the easy to go there?
- 885 P: To go in that kind of programme ... I think it is very important for children... besides
- 886 children parents can also gain knowledge there ... and if parents will gain knowledge then
- 887 they can also teach children ... that is why ...
- 888 M: Why people would be interested in participating in such a programme?
- 889 P: Interested because it will help their child.
- 890 M: How will it be good for the child?

- 891 P: Children will learn different things there ... they will be learners ... they will learn a
892 different kinds of games ... that is why it is good ...
- 893 M: Have you found that type of thing in your village ... any place where these things are taught
894 and parents teach those things back to their children ... have you seen that anywhere ...
895 can you give me an example for that
- 896 P: Example ... I don't know if such programmes are running here ...
- 897 M: Have you seen about that ... in this place or another place?
- 898 P: I have just heard about *Israel* ... they would go to that place ... come back and teach ...
899 but I didn't find them teaching ...
- 900 M: Israel?
- 901 P: People were sent there in quota ... and they after learning things from there would come
902 back and teach community people about that ... like how to do farming ... in a modern
903 way ... I have heard about that only ... nothing else ...
- 904 M: You haven't heard about any other programmes?
- 905 P: No.
- 906 M: If this programme would come what kind of challenges would appear during its operation?
907 What kind of obstacles or challenges would come?
- 908 P: What to say about obstacles or challenges ...
- 909 M: For the programme to run ...
- 910 P: I don't think there would be any obstacles or challenges. I think the parents who are
911 understanding I mean the world has changed now ... in the past people wouldn't send
912 their children for education but now they do so ... so, I don't think there would be any
913 obstacles or challenges.
- 914 M: Why do you think there wouldn't be any obstacles or challenges?
- 915 P: Because if this programme will benefit the child, then I don't think there would be any
916 obstacles or challenges. If it is good for children then why would it create any obstacles or
917 challenges ... I think so.
- 918 M: Because it is for children....
- 919 P: Yes, because it is for the benefit of the child ... it will do good to the child ... I don't think
920 there would be any obstacles or challenges.

- 921 M: Still think of one ... What kind of obstacles or challenges might appear when this programme
922 will run?
- 923 P: Challenges could be ... what it could be ... most people say that it is hard to teach a child ...
924 it is a very difficult job to do ... so I think it would be challenging to teach children ... that
925 is what challenge I can see ... challenges like how ill child will learn ... because if parents
926 would agree to participate then it is the responsibility of the teacher to teach child ... I think
927 that is the challenge to teach children ...
- 928 M: So that your child could also go ... and all other children of this village could go ... so for
929 that what could be the enabling environment for that ... so that all the people of all the
930 caste and religion could participate there ... what do you think about that ...
- 931 P: So that all the people of all the castes and religions could participate there...?
- 932 M: Yes, because that programme is for everyone ...
- 933 P: Yes, for everyone ...
- 934 M: What possibility do you see of participating in all of them?
- 935 P: I think it is good if everyone participates.
- 936 M: For instance, there could be castes like *Keut*, *Muslim* or any other caste and everyone should
937 reach there ... so to make every child reach there ... to make them present ... what kind of
938 obstacles would come?
- 939 P: Obstacle ... I would first talk about time ... time is very important ... if time is set for
940 anything ... so far, I have seen in village ... if any social activities are conducted and if
941 people are informed about that than people anyhow reach there ... if it is for a good cause
942 ... and as you said what about Muslim and other castes... so when it is for a good cause
943 people will reach there anyhow...
- 944 M: What should be done to make everyone reach there? What should be done about that?
- 945 P: For that ... if they are here in village and community then... what else can they do ...
- 946 M: How should information be conveyed to them?
- 947 P: As you said ... like if anyone will ... any organization ... initially people should be informed
948 about that ... so it is about the child then... people will go accordingly ...
- 949 M: Have you ever heard of any obstacles or challenges that any organization has experienced
950 while running any kind of programme?

951 P: I haven't heard about that ... I have also worked in [*a local NGO*]. There I collected data
 952 related to the education of child ... the challenges that I have seen in the village is ...
 953 people say "they are just filling up the forms ... they must be bribing money" this ... that
 954 ... this is the challenge that I see in the village ... I collected the forms of the child to know
 955 how talented they are ... if a student of class 10 doesn't know math ... that is what I
 956 collected there ... that was the challenges I saw then ... people say "they are just filling up
 957 the forms ... they must be bribing money" that is the challenges ...

958 M: Oh, that ... people think you were bribing money?

959 P: Yes.

960 M: Similarly, what other challenges would come in the village?

961 P: In the village ... I think that is the common challenge ... If I will go to inform people about
 962 anything ... they are like ... "he is calling me just for name ... else he is the one who is
 963 bribing all the money ... he is calling me just for nothing" ... that is one challenge in the
 964 village ... that is the common challenge ...

965 M: As you said ... both mother and father should go as guardians... so how much time can a
 966 father give ...

967 P: That is what I am saying ... time is very important ... everyone is working these days in city
 968 areas ... they have their own job ... so they do their task during holidays only ... that is
 969 what I have seen ... but here most of the people are farmers ... so if they have the time
 970 they would go as well ... now if to talk about time than ... when it will be time for
 971 cultivation, they might not go ... because they might be busy in their own farms ... so if
 972 they will give importance to their time ... I mean people are understanding and if they think
 973 about their children ... then they will go for their child ... that is what I have seen ...

974

975 M: Mothers of a child under three years of age would be young ... how challenging it will be
 976 for them to go ... to reach there ...

977 P: Mother of a child?

978 M: Yes, because the mother of a small child would be considered a newly wedded bride
 979 ("*kaniya*") ... so how challenging will it be for them to go?

980 P: Now there is nothing like "*kaniya*" everyone comes out of their house now ... now everyone
 981 comes out ... this is the modern era ... there are many challenges ... but women come out

- 982 of their house ... if they are called upon at any place by anyone ... then they will go at that
 983 place ...
- 984 M: So, there will be no challenges for them?
- 985 P: I don't see any challenges for them. If they have to go far away, then there is a problem ...
 986 problem of transportation ... that is the problem ... but in our village, if any children will
 987 be called near the temple ... everyone will go there ...
- 988 M: Now we have reached almost the end ... the programme which is going to come which
 989 includes a game in addition to nutrition ... if this programme would come ... then what
 990 role can you play for that ... what kind of responsibility can you take?
- 991 P: Responsibility Who will be the person to give me the responsibility?
- 992 M: From your side ... as you are a guardian
- 993 P: Yes, I am available ... if it is for the betterment of the child then I am available for that ... if
 994 I will be available at that time in my village ... I will play all kinds of roles...
- 995 M: What kind of role will you play?
- 996 P: Whatever I am asked to do
- 997 M: What is that? What kind of roles can you play?
- 998 P: For instance, if I have to teach my child ... or do whatever with them ... I will do that ...
- 999 M: Like ... I will teach the ... I will take care of them ... that is what ... I will love my child
 1000 and watch them how are they learning things ... As a guardian?
- 1001 P: Yes.
- 1002 M: And how ... if you are related to the programme?
- 1003 P: From programme ... from that relation ... if the programme will be started ... before starting
 1004 the programme ... there should be ... like how to conduct programme ... I will have that
 1005 knowledge ... and then only I will be involved ...
- 1006 M: Now we are almost done ... we have discussed so many things ... is there anything that you
 1007 would like to ask?
- 1008 P: I don't think anything is missed ...
- 1009 M: Nothing?
- 1010 P: No.
- 1011 M: So, what we discussed was about the playing activities firstly ... in this, you said that game
 1012 is important and it will help in growth and development of body ... right? Secondly, you

1013 said about the nutrition programme that was in your village that was skipped during the
 1014 corona pandemic ...you also said children height and weight are measured ... you also said
 1015 that the suggestion of WHO is very effective right? When I asked how this programme can
 1016 be operated ... then you said through a group ... by creating small groups in all wards...
 1017 there should also be a teacher for that, right? You also said that teachers should be taught
 1018 from the top-level ... and help of health posts is also needed ... You also said that children
 1019 above one year can only participate ...

1020 P: The child who can at least walk ...

1021 M: Who can walk ... they can only go and learn, right? For small children guardian should be
 1022 taught ... guardian should learn for them ... that is what you have said, right? So, the main
 1023 people responsible for this would be the ward office, ward president, ward representative
 1024 youth of the village ...

1025 P: Youth of the village ... community people ...

1026 M: You said if community people will not be involved it will not work ... appropriate place
 1027 should be selected ... an appropriate time should be selected, right? You also said evening
 1028 time would be best ... and you will learn to play your roles in this programme ... this is
 1029 what you have said ... Do you think anything is missing here ... anything that you would
 1030 like to add to this?

1031 P: No, I don't think that.

1032 M: Ok then it ended now ... please clarify me one thing ... for this programme what way should
 1033 be followed to make this programme more effective ... who should be caught for this?
 1034 Who's supported is needed? I am not clear in this part.

1035 P: Who will bring this programme ... that is important ... for instance like you have come ...
 1036 similarly they might also have selected a person for that ... that is what I think ...

1037 M: The programme hasn't come yet ... it is just in the mind of people to bring it ... and in what
 1038 way should it be brought ... the programme hasn't come yet ... so what is your thinking
 1039 regarding that ...

1040 (Informal conversation)

1041 M: The nutrition programme is already in your village, right?

1042 P: Yes.

1043 M: Exactly, so in addition to that ... if the playing activities could be added ... there is also a
1044 facility for weighing height and weight ... also vitamin programme ... also programmes
1045 for pregnant women ... and immunisation, right?

1046 P: Yes.

1047 M: So, how could be that added to it ... the programme hasn't come yet ...

1048 P: Added ... means playing activities and nutrition?

1049 M: Yes.

1050 P: In what way should it be taken?

1051 M: Yes.

1052 P: What way it could be ...

1053 M: Whose help is needed for such programmes ... I am not a bit clear ...

1054 M: In the coming days if this programme would come then whose help is needed to bring such
1055 programmes?

1056 P: As I said earlier ... any programme ... if any programme will come ... the information is
1057 first given to the ward office ... from the ward, they decide who should be utilized for this
1058 programme ... and then they select selective persons ...

1059 M: Who will be the appropriate person?

1060 P: In my opinion a knowledgeable person ... whom we call intellectual in our village ... one
1061 who have knowledge related to that field ...

1062 M: Who will be that intellectual person?

1063 P: Intellectual person could be ... the person who as a guardian is talented ...

1064 M: Guardian?

1065 P: Yes...

1066 M: Thank you so much for giving your time ...

1067

1068 **End of the Interview**

1069